

MARCH IS Spring Cleaning!

**Do not worry,
BLC's tips will help you finish in no time!**

WHERE DO I START?

Think of all the things that don't get regular attention like washing/dry cleaning curtains, vacuuming inside cabinets and drawers, and dusting the tops of door frames.

NO MORE CLUTTER!

Set decluttering goals- everything from getting rid of the mess in one room to creating a household organizing system. Create a list for each room.

Start in one room and use the "four-box" method to sort through "stuff."

1. Trash box
2. Give away/sell box.
3. Box for storage.
4. Box for need-to-organize items

**If you haven't used something in a year,
it is time to get rid of it!**

TIDYING UP AT THE BEAT!

Put on some music, create some friendly competition, and set up the reward. There's no rule against cleaning and dancing at the same time! Lastly, establish new cleaning habits that will make next year's spring cleaning easier!

**And if you need a break, come check
Boomers Leading Change!**